

Domestic Violence Cycle of Violence

3rd Stage Honeymoon

Victim:

- Believes it won't happen again.
- Takes blame for causing the situation
- Will do anything to keep the "Good time"

Batterer:

- Is remorseful and sorry
- Is loving and kind
- Makes promises to change or fix everything
- Gives gifts

How **Love, Hope,** and **Fear** keep the cycle in motion and make it hard to end a violent relationship.

Love: You love you partner. The relationship has its good points. It isn't all bad.

Hope: You hope he/she will change. They didn't start out that way. They can change if they really want.

Fear: You're scared the threats will become reality and don't want to chance it by leaving.

1st Stage Tension Building

Victim:

- "Walks on egg shells"
- Tries to stay out of his/her way
- Tries to control Environment without "Setting him/her off"

Batterer:

- Yells/swears
- Threatens
- Causes minor physical/emotional damage to partner

2nd Stage Violence

Victim:

- Terrified of each contact with Batterer
- Lies to cover abuse
- Wishes "it" would end

Batterer:

- Out of control anger
- Unpredictable
- Causes Severe physical/emotional damage to partner